

Indapur Taluka Shikshan Prasark Mandals
Arts, Science & Commerce College Indapur, Pune-413106

F.Y. B.A. Teaching Plan 2018- 19

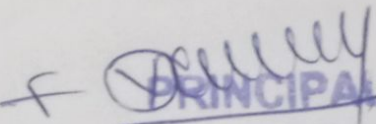
Department of Psychology

Teacher Name	Course / Class	Subject Name	Subject Code	TERM II
More.V.M	FYBA	General Psychology	11221	I
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
TOPIC – 5- EMOTION	5.1- Emotion	Definition, Nature and Importance of Emotion	12	10
	5.2- Basic emotions	Joy, Excitement, Tenderness, Sadness, Anger, Fear and Love		
	5.3- Theories of emotion	James-Lange, Canon Bard, Schachter, Singer and Lazarus		
	5.4- EQ	Definition, Nature, Measurement and Importance of EQ		
	5.5- Applications	Effect of Emotions on Health (Positive and Negative)		
TOPIC -6- LEARNING AND MEMORY	6.1- Learning	Definition, Nature and Types	12	10
	6.2- Conditioning	Classical and Operant Conditioning and Their Practical Applications		
	6.3- Trial and Error	Thorndike's Experiment and Laws, Insight Learning- Kohler		
	6.4- Memory, Definition, Types	Forgetting and Causes of Forgetting		
	6.5- Applications	Memory Improvement Techniques		

TOPIC -7- PERSONALITY	7.1 Personality	Nature, Definition and Misconceptions	12	20
	7.2- Freud's	Freud's Psychoanalytical Theory of Personality		
	7.3- Trait Approaches to Personality	Allport's approach, Eysenck's PEN Model, Cattell's 16PF, McCrae and Costa Big-5		
	7.4- Assessment Techniques	Behavioural, Projective and Self Report Inventories i) MMPI ii) CPI iii) Neo PI		
	7.5- Applications	SWOT Analysis		
TOPIC -8 – INTELLIGENCE AND THINKING	8.1- Intelligence	Definition and Basic Concepts in Measurement (CA, MA, IQ and DQ)	12	10
	8.2- Intelligence Measurement	Stanford Binet, Wechsler Intelligence Scale for Children (WISC) and Wechsler Adult Intelligence Scale (WAIS)		
	8.3- Individual Differences	Mentally Challenged and Gifted People, Types and Causes		
	8.4- Thinking	Definition and Types Logical, Problem Solving and Decision Making, Creative Thinking		
	8.5- Applications	Lateral Thinking- Six Thinking Hats Techniques		
		Total	48	40

SMS
Head

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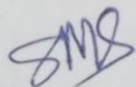
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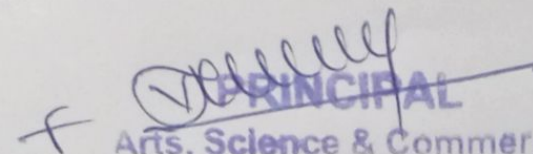
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More.V.M	FYBA	General Psychology	11221	I
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
TOPIC -1 – PSYCHOLOGY: SCIENCE AND PERSPECTIVES	1.1- Definition, nature and Goals of Psychology as a Science.	A Science, goals of psychology	12	10
	1.2- History and perspectives	Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Humanistic, Cognitive, Bio-psycho-socio-cultural		
	1.3- Fields	Developmental, Social, Clinical and counseling, Educational, Industrial, Health, Criminal and Forensic, Sports and women psychology.		
	1.4- Methods	Introspection, Observation, Experimental, Survey and Case Study		
	1.5- Applications	Career Avenues in Psychology		
TOPIC -2 BIOLOGICAL BASES OF HUMAN	2.1- Neuron	Structure and Function	12	10
	2.2- Neurotransmitters	Serotonin, Dopamine, GABA, Acetylcholine		
	2.3- Nervous system	Central Nervous System (CNS- Brain, Spinal Cord), Peripheral Nervous System (Autonomous Nervous System (ANS), Somatic)		

BEHAVIOUR	2.4- Glandular System	Pituitary, Thyroid, Parathyroid, Adrenal, Gonads		
	2.5 Application	Clinical Study of Brain: Techniques and New Trends		
TOPIC -3 – SENSATION, ATTENTION AND PERCEPTION	3.1- Sensation	Definition, Nature and Process	12	20
	3.2- Attention	Definition, Types, Determinants, Phenomena - Division of Attention, Span of Attention		
	3.3- Perception	Definition, Gestalt Principles and Perceptual Constancies		
	3.4 – Perceptual Illusions	Illusions		
	3.4 Application	Extra Sensory Perception (ESP)		
TOPIC – 4- MOTIVATION	4.1- Definition and Characteristics	Motivational Cycle	12	10
	4.2- Types	Biological, Social, Psychological		
	4.3- Theories	Arousal, Drive Reduction, Incentive, Humanistic (Maslow)		
	4.4- Frustration	Sources of Frustration, Types of Conflicts		
	4.5 Applications:	Conflict Resolution Techniques		
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